

HELSDON HAMMOCK

SETUP INSTRUCTIONS

1. Attach suspension webbing around two trees at about eye height.



2. Use the carabiners to secure the webbing to the trees.



3. Tighten the suspension webbing using the buckles.



4. Attach the two segments of the spreader bars.



5. Slide reinforcement sleeve into locked position over the joint.



6. Insert sleeping pad for insulation or just for added comfort.



Video version of this document found at helsdonoutdoors.com/setupvideo